Optional Enrichment Tasks

Year	Subject	WEEK 2
Y7	**Art**	Using paints of colour pencils, create some artwork inspired by Yellena James- the artist we looked at in the first week of live lessons. Here's the video of her work as a reminder: https://www.youtube.com/watch?v=XZ-DX_4HuSU
	Computer Science	Sign up to iDEA and start working towards your Bronze Badge! https://idea.org.uk/x/WillingdonY7
	Food Technology	Begin with Breakfast: Start the day right by making a lovely breakfast for you and your family. Ideas include pancakes (thin or fluffy!), French toast, deluxe porridge with whatever toppings you enjoy, smoothies, eggs and toast.
	Design Technology	Watch Nuclear power https://www.youtube.com/watch?v=N-FFbdXjYUg
	Mindfulness/Wellbeing	To incorporate .b into your daily routine as spoken about in RSHE. .b once in the morning, at lunchtime and to end your school day. Use .b to be fully in the present moment; to ground/anchor/calm your inner self.
	Music	ChromeMusicLab(KS3) Fun music site to explore and experiment. Simple, very visual. https://musiclab.chromeexperiments.com/ 📄 Supplementary learning book.pdf
	PE	📊 KS3 PE Enrichment activities Week 2.pp
	RSHE	Rock 8- listen to music for a minimum of 20-30 minutes per day.
Y8	**Art**	Spend more time adding a person to your painted background from live lesson 1. You could draw a person, print it out, use collage- you choose. Refer to Teesha Moores work for inspiration. If you didn't produce a background from the first lesson, you could still create a drawing of a person/create a person using collage.
	Computer Science	Girls - CyberFirst Girls Challenge Sign up to iDEA and start working towards your Bronze Badge! https://idea.org.uk/x/WillingdonY8
	Design Technology	Watch Nuclear power https://www.youtube.com/watch?v=N-FFbdXjYUg
	Mindfulness/Wellbeing	To incorporate .b into your daily routine as spoken about in RSHE. .b once in the morning, at lunchtime and to end your school day. Use .b to be fully in the present moment; to ground/anchor/calm your inner self.
	Music	ChromeMusicLab(KS3) Fun music site to explore and experiment. Simple, very visual. https://musiclab.chromeexperiments.com/ 📄 Supplementary learning book.pdf
	PE	📊 KS3 PE Enrichment activities Week 2.pp
	RSHE	Rock 8- listen to music for a minimum of 20-30 minutes per day.
Y9	**Art**	Choose an evening in the week whilst someone is still watching TV… spend 20 minutes drawing them in pencil. You could concentrate on their face of their whole body position. Challenge yourself: can you draw them without taking your pencil or pen off the page?
	Computer Science	Sign up to iDEA and start working towards your Bronze Badge! https://idea.org.uk/x/WillingdonY9
	Design Technology	Watch Nuclear power https://www.youtube.com/watch?v=N-FFbdXjYUg
	Mindfulness/Wellbeing	To incorporate .b into your daily routine as spoken about in RSHE. .b once in the morning, at lunchtime and to end your school day. Use .b to be fully in the present moment; to ground/anchor/calm your inner self.
	Music	ChromeMusicLab(KS3) Fun music site to explore and experiment. Simple, very visual. https://musiclab.chromeexperiments.com/ 📄 Supplementary learning book.pdf
	PE	📊 KS3 PE Enrichment activities Week 2.pp
	RSHE	Rock 8- listen to music for a minimum of 20-30 minutes per day.