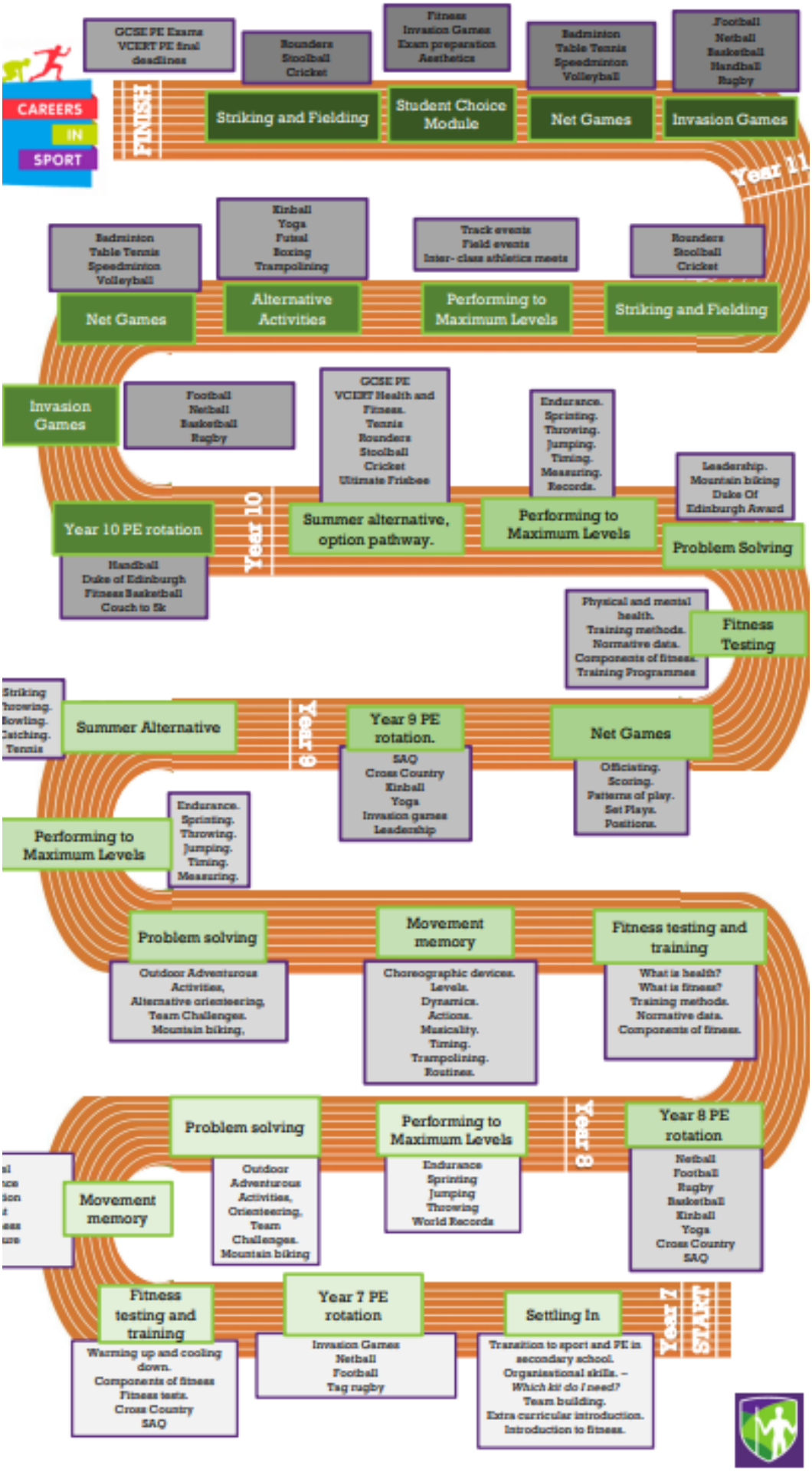Physical Education Learning Journey