



Dear Parents and Carers,

Thank you for choosing **Buzz Watersports** for Activities Day. We have received your payment via ParentPay, which has secured a place for your child.

I am writing to provide important details about the upcoming Activity Day trip to the **Cuckmere River**, where students will participate in **kayaking and raft building** and if we have enough time a short walk through Cuckmere Haven. Please read the information below carefully, including instructions for the day and guidance on what to bring.

Trip Details:

- **Date:** Tuesday 21st July 2026
- **Location:** Buzz Active Cuckmere, Seven Sisters Country Park (Cuckmere car park-lefthand side coming from Eastbourne)
- **Arrival Time:** Please arrive by **8:40am**. Activities will begin promptly at 9:00am. If your child is running late, please report this via email to jhardwick@willingdonschool.org.uk.
- **Departure Time:** Students may be collected between **2:00 – 2:30pm** from the Buzz Active site (Cuckmere car park).

Transport:

To reduce travel time, we ask that students **meet directly at the location**.

Please ensure you have completed the **Google Form** indicating your child's mode of transport to and from the venue. [Transport to and From Cuckmere Google Form](#)

Lunch Arrangements:

- Lunch break is scheduled for **12:20pm**, with approximately **40 minutes** to eat.
- Students will stay with the group
- Please ensure your child brings a **packed lunch** – there is usually an ice-cream van for small snacks or ice-creams

What to Bring and Wear:

- **Footwear:** Comfortable, closed-toe shoes (trainers are ideal)
- **Clothing:** PE kit, a lightweight jacket in case of rain
- **Other Essentials:**
 - **Swimwear** (swimsuit or swim shorts) – a wetsuit will be provided
 - **An additional pair of shoes you are prepared to get wet**
 - **Sun cream**
 - **Reusable water bottle**
 - **Towel**
 - **You may wish to bring an additional pair of shorts and T Shirt to go over the wetsuit**

Behaviour and Attendance:

At Willingdon Community School, we maintain high expectations regarding behaviour and attendance. **Poor behaviour or low attendance** may result in your child being withdrawn from the trip.

Medical Information:

Please ensure all **medical details** for your child are up to date **prior to the trip**.

Action required:

Please complete this very short Google form regarding swimming ability [Click here](#).

If you have any questions, please do not hesitate to contact me.

Kind regards,

Ms J Hardwick

Willingdon Community School