

**Reflect and Restore**  
**For behaviour sanctions only**

Name	* Detention/Reflection (*please delete)	Date:
What has led to you being in detention or reflection?		
How do you feel about your part in what happened?		
What were you thinking of at the time?  Why did you make this choice? Examples could be: trying to be funny, scared, not able to do the work, frustrated, disappointed, to get out of doing work, friendship issues.		
What have you thought about regarding this situation since?		
Who have you affected by making this choice?		
In what way have they been affected?		
What will you do next time to make a better choice?		
What do you think you need to do to make things right?		
My Signature: Teacher signature:	Tutor/HOY comment	